



BELFAST BOXING STRATEGY

CONFERENCE 2019

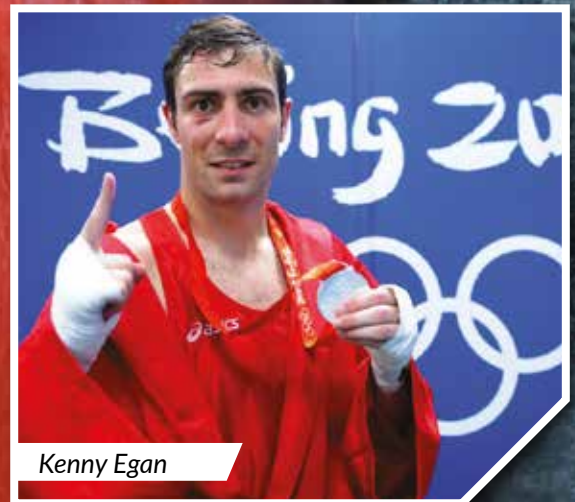


'MENTAL HEALTH & WELLBEING'

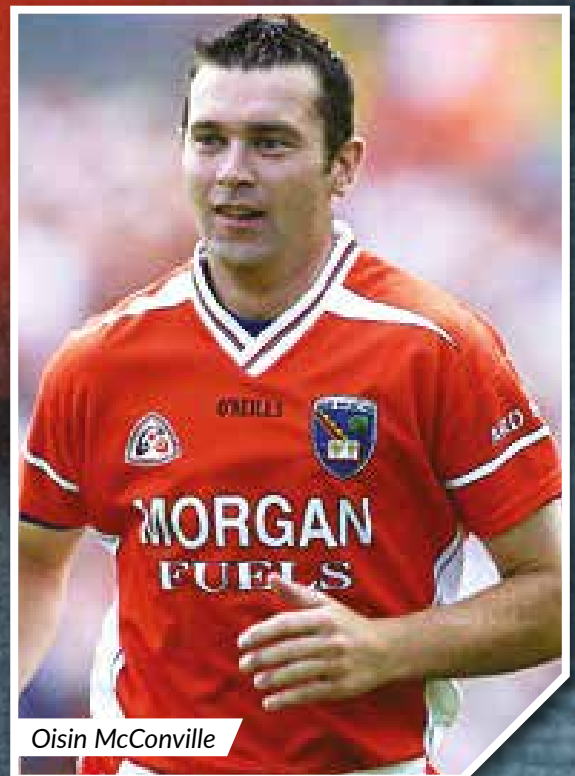
Crowne Plaza Belfast
 117 Milltown Road, Shaws Bridge, Belfast BT8 7XP
SUNDAY 20TH OCTOBER 2019

HOST & COMPERE - DENISE WATSON

Time	
09:30	ARRIVAL, SIGN-IN & REFRESHMENTS
10:00	WELCOME & CONTEXT
10:15	GUEST SPEAKER - KENNY EGAN
10:45	GUEST SPEAKER - OISIN MCCONVILLE
11:15	WORKSHOPS: <ul style="list-style-type: none"> • Mental Health & Emotional Wellbeing (Beth Gibb, Action Mental Health) • Drug & Alcohol Awareness (Jim Weir) • Autism & Sport (Disability Sport NI)
12:20	PANEL DISCUSSION - ADDICTION & WELLBEING <ul style="list-style-type: none"> • Kenny Egan • Oisin McConville • Paddy Barnes
13:10	CLOSING REMARKS Sean O'Hare <i>(IABA Ulster Branch, Operations Manager)</i>
13:20	LUNCH & DEPARTURE



Kenny Egan



Oisin McConville

